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*Research Problem*

**Can SD Models Have Greater Relevance to Practice When Used Within  
Participatory Action Research Designs?**

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# **Can SD Models Have Greater Relevance to Practice When Used Within Participatory Action Research Designs?**

## **Abstract**

Over the years, the field has produced numerous rigorously researched SD models, which have helped suggest detailed policy changes to organizations. However, the application of model-based insights and the implementation of practical changes to policies, structures, and processes has not been observed as frequently, even though, various approaches have been used to increase ownership in models and results among practitioners and decision-makers, for example, via group model building. In this paper, a more radical approach is considered, which would amalgamate SD and its analytical wealth with Participatory Action Research and its practical problem-solving and change orientation, such that the relative strengths of both disciplines complement each other and reliably produce an SD-influenced organizational outcome. The feasibility of the proposed approach needs to be empirically tested yet.

## **Problem Definition**

In both academic and commercial system dynamic modeling a major concern has been model credibility among practitioners and stakeholders who “own” the problem modeled.

First, those problem owners may neither agree in degree nor in kind that the model represents the problem they face. Second, even if the problem owners accept a model as an adequate representation of “their” dynamic problem along with the diagnoses and prescriptions for policy change derived from analysis, still no action may be taken in practice. While learning occurs and insights seem to follow from GMB exercises, policy changes are made rather rarely (Rouwette, Vennix, & Mullekom, 2002). Hence, although a scientifically rigorous model has been created, it may have little or no relevance to practice. So far, various approaches have been proposed to overcome this implicit rigor-versus-relevance dilemma in SD. In this research problem notice, as a candidate for a

potential remedy, the amalgamation of Participatory Action Research and System Dynamics is proposed for empirical testing. Both methods, Action Research and System Dynamics deal with what Ackoff calls messy (Ackoff, 1974) and Checkland labels ill-defined problems (Checkland, 1981), which are described as incompletely defined and rudimentarily understood problems due to their systemic complexity in detail or in dynamics, or both. Both research methodologies also employ iterative and spiral designs, which resemble each other in various phases. Like in Action Research, practitioners have collaborated with system dynamicists, for example, in group-model-building exercises aimed at improving both model validity and utility when intervening in a practical organizational situation. However, while Group Model Building aims at both rapidly developing a rigorous model with input from practitioners and creating ownership regarding the model and its uses among practitioners, Action Research is specifically geared to create a change and solve a practical problem within an organizational setting. Participatory Action Research designs with an adopted SD component might pave a more direct path to new policy implementation than other approaches. An empirical test of such a design would also entail the attempt of measuring the contribution of the SD modeling exercise, and, hence, the credibility and utility of the model.

### **Tapping the Mental “Database”**

The study of social phenomena, for example, has encountered a myriad of problems of the type Ackoff and Checkland describe. Forrester has made the point that modeling such complex social systems cannot rely on hard data such as numerical and written accounts alone (Forrester, 1980). Getting access to this important source of data, namely, the mental “database,” has been the primary focus of the SD traditions of, for example,

Group Model Building Albany-style (Andersen & Richardson, 1997; Richardson & Andersen, 1995), European style (Vennix, 1996; Vennix, Akkermans, & Rouwette, 1996; Vennix, Andersen, Richardson, & Rohrbaugh, 1992; Vennix & Gubbels, 1992; Vennix, Gubbels, Post, & Poppen, 1988), or Mediated Modeling (Van den Belt, Videira, Antunes, Santos, & Gamito, 2000). Action researchers, on the other hand, tap into the exact same “database” of mental models when attempting to find a practical solution for a “real-world” problem together with practitioners. However, in Action Research designs the application of formal and quantitative modeling techniques has not been found in the literature studied. Action Research designs garner practitioners’ confidence in the produced practical solution by iteratively probing its viability. In this particular context of iterative probing, the use of system dynamic modeling may prove a formidable tool for policy analysis and design within and between action research stages and cycles. The integration of quantitative SD techniques with qualitative approaches (such as soft systems methodology (SSM)) has been proposed before, for example, (Lane & Oliva, 1998). Although, participatory action research and SSM may belong to the same family of research traditions, they are distinct (for space reasons this discussion must be omitted here). Using Lane’s adaptation of Burrell and Morgan’s framework of research paradigms (Burrell & Morgan, 1979), the approach proposed here would be located between or in the close neighborhood of both what he calls Holon Dynamics and Agency Dynamics while SD is predominantly located in the functionalist quadrant posing the problem of commensurability when crossing paradigmatic boundaries. The same author, however, argues more recently that SD may act as a powerful driver of integrative paradigmatic efforts (Lane, 2001).

## **The Crux with Verification, Validation, and Confirmation of SD Models**

In traditional research designs, the academic community is used to scrutinize both internal and construct validity in any research design. Those models, however, are rather simple relative to SD models. The structural complexity in SD models, hence, has always been a core concern for modelers and their non-modeler audiences alike: If dynamic behavior endogenously results from the model structure, then obviously this structure should capture the main traits of the problem under study. However, how can the expert modeler convince herself and the audience, that her particular conceptualization accurately describes the problem at hand? Also, will two expert modelers working independently on a problem come down with the precise same model? If hundreds of variables and equations are involved, then the likelihood of finding an exact same model formulation in two independently developed SD models is obviously infinitesimally little. But if this is so, what does this mean for the model's internal and construct validities? SD modelers have worked on two major avenues for coping with these challenges and for increasing confidence in a given model by (1) reducing uncertainty through demonstrating the model's robustness and structural soundness (Forrester & Senge, 1996) including minute outcome fit with times series (for an extreme example, see (Graham, Choi, & Mullen, 2002) and by (2) involving subject experts and target audiences in the model building process typically in so-called Group Model Building (GMB) exercises (Vennix, 1996). In my concluding remarks, I will point at additional issues regarding verification, validation, and confirmation of numerical models.

## **Group Model Building**

Today, quite a few strands of GMB and mediated modeling coexist. This short overview uses the Albany school and the Vennix school of GMB as an illustration of the approach. For space constraints, Ford and Sterman's expert knowledge elicitation technique cannot be contrasted to the GMB approaches here (Ford & Sterman, 1997). GMB was first proposed as a vehicle for simultaneous, structured knowledge elicitation from a multitude of experts (Vennix et al., 1988). As Homer states detail knowledge used in SD modeling may be widely dispersed (Homer, 1996). In order to capture the level of desired detail, gathering the subject field experts and then eliciting their knowledge through facilitated group interaction appears advantageous. This approach had been practiced even before the term of GMB was coined (Vennix et al., 1992). Besides knowledge elicitation for purposes of model building, the GMB process has also been portrayed as a vehicle for influencing and actively changing GMB participants' mental models, that is, their way of thinking about the problem at hand, in order to gestate commitment and intention to bring about organizational change (Vennix, 1996; Vennix et al., 1996). Vennix et al describe the group-based knowledge elicitation process through the various stages of model building. (Vennix et al., 1992; Vennix et al., 1988). These stages comprise (a) identifying and defining the problem under study, (b) formulation of dynamic hypothesis/conceptualization, (c) formulation of simulation model, (d) model testing, (e) model evaluation/policy design, and (f) model implementation and dissemination (Forrester, 1975; Richardson & Pugh, 1981; Sterman, 2000). A facilitator/modeler guides groups of experts through the stages of model building leading to what the authors call convergent thinking among participants (Vennix et al., 1992, 30). Richardson and



Andersen expand the number of essential and distinct roles in GMB to five (Richardson & Andersen, 1995). GMB, the authors summarize, is speedier than other formats of modeling. Richardson and Andersen also observe an increased sense of ownership of the model and its simulation outcomes within the target audience. In other words, through GMB it became clear rather quickly that this particular approach to model building also helped raising the confidence in SD model building and model outcomes for both the potential target audience and the modelers. Andersen and Richardson discuss a yet refined version of the GMB process based on what they call scripts which help orchestrate and control the GMB exercise (Andersen & Richardson, 1997). Since the exercise is confined to a total of two consecutive business days for completing the first three stages of model building, the authors see the necessity for organizing the GMB process within strictly “controlled experimental settings” (p. 115). The authors define the GMB exercise explicitly as an “intervention” (p. 126). In his 1999 prize lecture, Vennix discusses how human perception and reality construction as sources of messy problems impact GMB (Vennix, 1996). In Vennix’s view humans “process information and construct models of reality” (p. 381). The information process is depicted as an acquisition of “information from the environment” (p. 386). Vennix identifies three “deficiencies” (p. 385) of human group interaction leading to distorted views of reality and the creation of messy problems: (a) “mixing up of cognitive tasks, in particular the production and evaluation of information” (ibid.), (b) lack, or even suppression, “of critical investigation” (ibid.) leading to sort of a distorted perception of reality, and (c) defensive, “low-quality communication” (p. 386). Those three deficiencies taken together can lead, as Vennix argues, to group-think, arriving at conclusions prematurely, self-

fulfilling prophecies, and outright denial (“humans are inclined to explain away mistakes and failures” (p. 388)). The author emphasizes that the facilitator’s instrumental role in the GMB process based on specific attitudes and skills is to neutralize those deficiencies and limitations resolving or, at least, addressing the messy problem through the modeling exercise. Hence, the facilitator role is so fundamental Vennix asserts that it seems to be incompatible with that of a modeler at the same time. Though not said explicitly, the author seems to contend that GMB, when done correctly, can lead to an accurate representation of reality in an ontological sense.

Akkermans and Vennix analyze a total of six GMB cases finding that (a) larger group sizes negatively affect the GMB process, (b) good communication among participants in the GMB process fosters a sense of model ownership, and (c) SD modeling expertise is no prerequisite for good communication (Akkermans & Vennix, 1997). Rouwette et al report in their meta-analysis of 107 GMB cases in the SD literature that (a) learning about the problem at hand among participants was observable in most cases followed by (b) an increase in insight (Rouwette et al., 2002). The exposure to hands-on modeling in GMB seemingly leads to better learning among practitioners compared with practitioner use of pre-fabricated micro-world models according to the authors. The implementation of suggested policy changes does not seem to follow as a norm after GMB exercises, even though commitment to model findings and consensus among participants seem to increase. Quantitative models appear to produce more commitment and consensus among participants according to the Rouwette et al study. Andersen and Richardson believe that more research in GMB needs to be focused on the research team interaction and the efficiency of the researcher-led modeling process (Andersen & Richardson, 1997). They

also propose integrating GMB techniques into the SD curricula (ibid.). Remarkably, the “subjects” of the intervention and their ex-ante and post-hoc perceptions of the GMB experience including outcomes and processes are nowhere mentioned as a worthwhile area of academic discovery.

In summary, GMB practice serves three purposes (1) rapid model development through parallel and simultaneous expert knowledge elicitation in tightly controlled and managed environments, (2) increased model utility (as a proxy for validity), that is, structural and simulation outcome acceptance within target audiences, and (3) increased application and implementation of policy/strategy insights from modeling (cf., (Richardson, 1999)) and ownership based on changed mental models (Vennix, 1996; Vennix et al., 1996). The image of the SD researcher in this setting appears as an omnipotent and external expert interventionist with maximum control over the process geared for modeling efficiency and audience buy-in. Lane classifies this approach as *interactive SD*, which falls into the paradigmatic quadrant of *functionalist sociology* (with regulation views on society while claiming to produce objective knowledge in the social sciences) (Lane, 1999).

### **Action Research**

The research tradition has drawn attention from a wider academic community after Fred Blum’s now famous article appeared in *Philosophy of Science* in 1955 (Blum, 1955).

Action Research (AR) has roots in a number of disciplines including psychology, health care/medicine, and education (cf., (McKernan, 1996)). While the term Action Research was coined by Kurt Lewin in the mid 1940s (Sussman & Evered, 1978), the research tradition has earlier roots, for example, in John Dewey’s experimentalist educational research (McKernan, 1996)). Using a different research approach in social sciences than

in natural sciences turns out a necessity, as Checkland argues: In the study of a physical phenomenon, for example, the researcher is almost naturally confined to an observer's role, however, remaining such an external observer in studying social phenomena is "almost impossible" (Checkland, 1981, 153). When addressed via intervention, social phenomena typically defy the application of an engineering perspective according to the author. AR, hence, incorporates action and reflection upon the action. There is no standardized approach in the AR tradition, it rather comes in many flavors and formats such as educational AR, Action Learning, Action Science, Soft Systems Methodology, and others (Baskerville & Pries-Heje, 1999; Flood, 2001). However, these different formats have in common that (1) they actively involve practitioners and researchers in a project; (2) both groups jointly pose a problem, target one or more practical actions to address this problem, and study their outcomes; and (3) the project is equally dedicated to the research side and to the action/outcome side (cf., (McKernan, 1996; McTaggart, 1997; Sussman & Evered, 1978)). In Rapoport's definition AR "aims to contribute both to the practical concerns of people in an immediate problematic situation and to the goals of social science by joint collaboration within a mutually acceptable ethical framework" (Rapoport, 1970, 499). Grundy emphasizes that AR projects take a "social practice, regarding it as susceptible to improvement," proceed "through a spiral of cycles" of action and reflection, and involve "those responsible for the practice in each of the moments of activity...maintaining collaborative control of the process" (Grundy, 1982, 23). As AR projects have the distinct characteristic to be designed in an iterative and circular fashion, Sussman and Evered distinguish five phases of AR: "diagnosing, action planning, action taking, evaluating, and specifying learning" (Sussman & Evered, 1978,

588), in which the learning phase leads to the next diagnosing phase in the next cycle. As opposed to traditional sequential research methods seeking for evidence in testing hypotheses, the follow-up cycles in AR implicitly or explicitly attempt to disconfirm findings of previous cycle analog to the hermeneutic cycle (ibid.). Hence, confidence in the soundness of AR findings builds inasmuch as rigorous attempts to establish counter-evidence fail and as the practical problem appears adequately addressed in the view of both researchers and practitioners. The action planned and taken in an AR project is aimed at informing and improving the understanding about the very action by iteratively reflecting upon the results of the action and by contemplating the meaning of the action within a context of external constraints (Carr & Kemmis, 1986). As Grundy observes, AR is conducted from three different philosophy-of-science perspectives (“modes”), which lead to different AR designs: (1) the technical, (2) the practical, and (3) the emancipatory perspective (Grundy, 1982, 1987). The technical perspective would resemble traditional research in that it is expert-driven and geared to control the research process as well as the outcome (ibid). In Burrell and Morgan’s framework, this approach would qualify as functionalist. Though practitioners participate, the process and its facilitation unfold within the constraints of the researcher’s design. Technical action research intends to improve a situation according to externally defined criteria (Carr & Kemmis, 1986). Participants may be personally committed to and actually “play “the ‘action research game’. Their actions and deliberations are authentic within the context of the project and designed to achieve the action research goal, but once the ‘game’ is over they are no longer obliged to act according to its rules’ (Grundy, 1982, 26). The technical AR researcher typically finds that practitioners “revert” to their old ways of doing and

thinking shortly after the intervention (ibid.). As opposed to technical AR, practical or participatory AR (also referred to as mutual-collaborative) (Grundy, 1987; McKernan, 1996), gives practitioners and researchers an equal footing with respect to the definition of the problem at hand, what actions might be taken, and how results are interpreted. In Grundy's words, while "technical action research seeks to improve practice through the practical skills of the participants," participatory AR "seeks to improve practice through the application of the wisdom of the participants" (Grundy, 1982, 27). While technical AR is rooted in a positivist understanding of science, in which a single, discoverable, objective reality is assumed, and consequently knower and known are seen as separable, in participatory AR, reality is assumed to be socially constructed, and knower and known appear as intertwined (ibid.). According to Burrell and Morgan, this variant of AR would belong to interpretive sociology (Burrell & Morgan, 1979).

Emancipatory AR is rooted in Critical Sciences (Habermas, 1974) and emphasizes an egalitarian and value-oriented approach to science geared at social change and emancipation. In the Burrell-Morgan framework, emancipatory AR would be situated in the quadrant of radical humanism (Burrell & Morgan, 1979). Grundy argues, though practitioners and researchers entertain and maintain a relationship of quasi-peers within the AR project, that participatory AR reaches its limitations when it comes to power-based "institutional restrictions" to desired change (Grundy, 1982, 28). Hence, emancipatory AR "focuses not only upon a particular practice, but also the theoretical and organizational structures and social relations which support it" (ibid.). It assumes multiple realities based on vested interests and on inequity in a social milieu and seeks emancipation and conscious change based on enlightenment towards increased equity

(ibid.). Grundy summarizes “that it is not in the methodology that these three modes (of AR–*insertion mine*) differ, but the underlying assumptions and worldviews of the participants that cause subtle variations in the application of methodology” (p. 33).

In summary, AR is an iterative, action-reflection research methodology relying on active practitioner involvement within a social setting geared at improving a problematic (social) situation. In this, AR provides usually no causal explanations and rests on primarily qualitative data. The definition of the problem under study is typically driven by practitioner needs and is not as precise as in other research formats. Even for technical AR, researcher impartiality and experiment-like control over the research process are limited, in participatory or emancipatory AR, they are not even claimed. AR is situational, that is, the process if repeated would not be identical, nor would it produce the identical results. While AR projects help build and partially test theory, generalizability as typically pursued in traditional research is not a thrust of AR.

### **How to Use SD Modeling within a Participatory Action Research Design?**

As Homer states, SD modeling is an iterative process, in which due to the “wide range of known detail” (Homer, 1996, 3) revisions are incorporated throughout the whole modeling effort until the time of completion. Also, in modeling surprises regarding model behavior are rather the norm than the exception. The modeler assumes the roles of “data detective, compiler, and analyst” at the same time (p. 17). Revising a model can be as insightful a process as conceptualizing it according to the Homer.

< Insert Figure 1 about here >

Sterman illustrates this and shows how modeling is governed by feedback processes, in which “models go through constant iteration, continual questioning, testing and refinement” (Sterman, 2000, 87), see Figure 1.

Like SD modeling, AR also has a circular research design comprising five phases as depicted in Figure 2.

< Insert Figure 2 about here >

While at first sight those phases and stages may appear similar between the two approaches, a closer look reveals that they are geared towards different ends. While in the SD cycle a sound and useful model is the desired result, in the case of AR, organizational and social change in form of an iteratively implemented and tested solution to a practical problem is expected. This difference in orientation becomes evident when looking at the AR cycle stages:

In the *diagnosing/posing* phase, the problem to be studied and acted upon is diagnosed (or posed) as McTaggart asserts (McTaggart, 1997). Problems in this regard the author maintains are not seen as a “pathologies” (p. 39) but as an intermediate result from previous action within an organizational setting which has a capacity for improvement via change. The diagnosing/posing phase provides the stage for reflection upon the results of previous action taken as they became manifest within the organizational context. As Baskerville points out, in this phase participants, that is, practitioners and



researchers, jointly develop a theory “about the nature of the organization and its problem domain” (Baskerville, 1999, 15). The relationship between researcher and practitioners is not one of experts imparting their knowledge on students, or doctors treating patients, but one of peers (cf., (Schein, 1988)). In the *action planning* the participants consider and define actions that may have the capacity to improve the diagnosed situation. The theory developed in the antecedent phase provides the frame of reference for this planning phase. Actions are planned and their expected outcomes are specified. In the third phase of *action taking* the participants undertake the action within the organizational setting. Such action taking can span over longer periods of time. Directive and non-directive change tactics may be applied (cf., (Baskerville, 1999)). In the next phase of *evaluating*, the effects and outcomes of the change actions are analyzed and compared with the expected outcomes as specified in the planning phase. AR project participants critically assess whether or not the pre-specified results and expected outcomes were achieved. They attempt to understand whether the theory had sufficiently guided the action, and also whether the actions were undertaken as planned. In the AR cycle’s concluding phase of *specifying learning* the new insights from the previous phases are formally accounted for, and new theory emerges. All participants also jointly perform this last phase. As Baskerville remarks, “the success or failure of the theoretical framework provides important knowledge to the scientific community for dealing with future research settings” (p. 16). AR cycles are iterated at least once geared at *disconfirming* the findings of the previous cycle. Depending on the nature of the problem diagnosed and re-diagnosed there may be numerous iterations. AR projects, hence, facilitate and fuel organizational change processes.

### **Practical Use of SD in a Participatory Action Research Project**

From an AR perspective, using the SD cycle could facilitate every phase in the AR cycle. For example, the diagnosing phase could incorporate a complete SD cycle, that is, formulating and evaluating a formal model of the stated problem, which would help guide the next phase of action planning by considering policy alternatives as they become apparent through the iterative modeling process. While the action is taken, the simulation model could be instrumental in identifying and assessing alternatives. Data from action would help calibrate the model. In the AR evaluation phase, the SD model would provide a rich frame of theoretical references. Action outcomes would be compared to the simulated outcomes. The specification of learning would also take the form of extending and reformulating the model. Arriving at the diagnosing phase would provide for a well-founded theoretical base rooted in organizational practice and augmented by quasi-experimental insights from the calibrated model.

**Why the Integration of Participatory AR into the SD cycle might be problematic.** As the discussion on GMB indicated, SD researchers seek and practice the collaboration with practitioners in model building. However, the collaboration is anything but one of peers. The SD researchers maintain the role of expert facilitators who control the GMB process along the lines of rapid model building. This approach, if at all, most closely resembles the technical AR variant. Widespread modeling skills among practitioners would be desirable (cf., (Sterman, 1994)) and would be even necessary from the outset in order to facilitate participation and create a peer group situation. However, the “action” planned and taken would focus on the modeling exercise, not on changing an organizational setting. The modeling routine might limit the exploration of other avenues

of practical experimentation and action. Open or hidden hierarchies along the lines of modeling proficiency or personal reputation might emerge. There also seems to be the risk of modeling to dominate the process and not practical problem solving.

**Different Distances to Consulting.** SD is so widely used in commercial consulting practice that the term “client” has become the proxy for practitioners in the field’s academic papers and even textbooks alike (cf., the *System Dynamics Review*, the papers cited here, as well as (Sterman, 2000)). Not only in this paper, but also in almost the entire SD literature the practitioner audience is referred to as “clients” (p. 107), and GMB is also labeled as “client-centered system dynamics modeling” (p. 108). Vennix labels the researcher in GMB as “interventionist” (Vennix, 1996, 382). When attempting to understand the deeper meaning of the term “client” in this context, it is noteworthy that “modeling for management” (Sterman, 1996) is a common notion in the SD community indicating not only a close connection to managerial practice and decision making but also to the widespread use of SD as a commercial consulting tool (cf., (Thompson, 1999)). In Schein’s taxonomy of consulting, the SD community seems to assume a doctor-patient relationship rather than engaging in process consultation (Schein, 1988). It is also noteworthy to remember that academic research and commercial consulting, even if the latter is conducted on solid scientific foundations, are serving different ends. As Gill and Johnson argue, those differences are numerous and have important consequences (Gill & Johnson, 2002).

<Insert Table 1 about here >

In their synopsis of traditional research consultancy, and action research (see Table 1), the authors point at differences between the approaches to problems from the initial problem formulation through the final results in theory and practice. While in traditional research, the researcher defines both the problem and the research design, in AR practitioners and researchers jointly do this including specifying the research goals. In this regard, consultancy marks the middle of the road between the two, in that the client reports the problem, while the consultant defines the treatment. The traditional expert researcher (and also the consultant) performs the detailed diagnosis of the problem on the basis of client data, while in participatory AR researchers and practitioners jointly carry out this diagnosis on the basis of practitioner-provided data and researcher concepts. In consulting, if action is taken, the consultant prescribes it, while in participatory AR the action is jointly planned and executed. The detailed results remain unpublished in consulting, while in AR and traditional science they are made public to the academic community. Evaluations of results for practice are rarely conducted in the cases of both traditional science and consulting, while they are the norm in AR. It is in this phase where new problems are articulated and new theory begins to form. The most striking difference is observable after the intervention is completed. While in traditional research as well as in consultancy, the client remains dependent, participatory AR aims at the practitioner's self-support (for an overview, cf. also (Darwin, 1999)). The motivation in AR is oriented towards advancing scientific understanding, while consulting first and foremost serves a defined commercial interest. While the consultant's commitment is dedicated to her client, the AR scholar is committed to both the practitioner and the academic community. Consultants approach a problem typically along the sequence of

the classical prescription of “engage-analyze-act-disengage” (Schein, 1988) whereas AR is cyclical, iterative, and collaborative by definition. Hence, change emerges within a jointly undertaken self-experiment in AR, while it is based on the consultant’s external and independent analysis. Before this background, it seems obvious that SD research has its roots in traditional (positivist) science where SD experts design the models and tightly control “real-world” interventions (cf., also (Lane, 1999)). In this regard, the consulting paradigm is much closer to traditional (positivist) science than to AR. However, if leading SD researchers have a strong practical engagement in consulting, the borders between the two domains may blur. More importantly, the two domains reinforce the notion of expert-controlled, tightly scripted interventions in those with one foot in either domain, where the practitioner merely appears as a source of data. Moreover, based on insights from experiments, influential SD scholars have developed a deep skepticism regarding the capacities of rational reasoning and learning in human beings when dealing with complex systems (Sterman, 1989a, 1989b). This may, consciously or not, also reinforce the tendency in SD research to rely on tight expert control rather than on participatory designs geared at jointly gained insight and resulting consensus.

### **A Sketched Proposal for Empirical Testing**

When discussing the various observed and potential uses of SD modeling across paradigms, Lane seemingly sympathizes with integrative approaches that help practitioners and researchers alike to arrive at a shared interpretation and an inter-subjective “reality”, that is, an understanding of their practice mediated by means of dynamic modeling (Lane, 1999). Uses of SD that support learning and “further communicative competence within groups” (p. 518), he sees as most far-reaching and

promising (cf., also, (Lane & Oliva, 1998)). This proposal follows this avenue and briefly sketches out an empirical test of intertwining the AR and SD. In a participatory action research project researchers become co-subjects and peers to practitioners. For experienced SD modelers, this may be an unusual and even uncomfortable position in a group and a group process.

**Entry Interview.** The empirical test needs to establish a point of departure first. In semi-structured entry interviews, the practitioners and researchers who will work together in a group will be questioned regarding their practical experience with participatory action research, their exposure to literature on AR including SSM as well as their exposure and proficiency regarding formal modeling techniques including system dynamics modeling. The information will be shared among co-subjects/co-researchers.

**Establishing a Peer Relationship.** During the diagnosing phase of the first AR cycle the SD modeler assumes the role of a participant who helps identify the focus of the inquiry, the particular question, and the specific practical problem, the group wants to focus on. Shee helps select and plan the action to be taken. As Heron and Reason propose, in this phase, also procedures for gathering and recording data from action taking are selected (Heron & Reason, 2001). In the diagnosing and problem definition phase, no reference to feedback structures should be made, since it is assumed that not everybody understands that concept from the outset.

**Introducing the Concept of Feedback.** During the planning phase, the SD modeler introduces the concept of feedback to the group, thus, providing an additional lens for observation and reflecting on experience to be made when taking the action. Also, expected outcomes from taking the action are qualified and quantified. The SD modeler

may begin to identify important variables in his personal recordings. During the next stage, the SD modeler immerses herself along with the other group members into taking the planned action. She observes and records outcomes. Unexpected outcomes and experiences are carefully recorded.

**Early Conceptualizing.** Since she has little chance to abstain from it, the SD modeler might begin to identify feedback structures, but without sharing them with the other members of the group yet. In taking action, new opportunities for attacking the problem may emerge and be tested without prior planning. In the next phase, the group members, that is, the co-subjects/co-researchers including the SD modeler share their data and observations comparing them to their original assumptions, expected outcomes, and ideas. They begin to discuss ideas how to adjust the approach to solving the problem. It is here where the SD modeler begins to present his findings and evaluation in feedback view.

**Becoming a Peer Educator.** In small experiments, it has been found that group members become attracted to the feedback perspective and begin to provide examples and additional structure from their own experience. Since the SD modeler at this stage has become a co-subject/co-researcher and peer member in the group with the capacity to draw from own experience regarding the problem at hand, the views she presents have become internal views of a group member rather than an imposed frame of external thinking. The SD modeler may now begin to capture for herself the feedback structures observed in one or more small models. She may begin to experiment with those mini-models. She may also let other group members have a look at those mini-models, and the behavior they expose. At this stage, some group members may become interested in

acquainting themselves with the SD modeling principles and techniques. This is when the SD modeler takes on the role of a peer-educator. It is essential at this point not to sacrifice the role as a peer and co-subject. In other words, heavy-duty SD teaching would not be conducive to that end, but change the SD modeler's role and the group composition. The SD modeler could, however, introduce self-learning material on SD at this point.

**Using Mini-Models.** With more group members becoming familiar with the feedback approach and having introductory-level modeling experience, the next AR cycle of problem diagnosis and action planning begins. Early insights from the emerging feedback structure inherent in the problem lead to refined formulations of planned action and ensuing reflection. Since the AR project typically spans multiple months, if not years, sufficient time is available to more systematically educate those group members interested in SD modeling. This task shall not be assumed by the project-internal SD modeler, but by an external qualified teacher. While the AR cycles unfold, the use of SD modeling increases when analyzing and interpreting the outcomes and experiences from dealing with the practical problem.

**Gradually Expanding Model Use and Scope.** The mini-models may grow into sectors of a larger model. Since the model remains closely tied to the action surrounding the practical problem, its relative usefulness remains evident to the group members. The modeling process in this approach becomes an integral part of all stages of the AR cycle. The group members remain focused on the problem they have identified. Modeling and feedback thought is not imposed by an external authority but in a bootstrapped fashion from inside the project. The usage of SD is limited to those aspects of the problem, the



SD modeler and the SD-educated group members are able to identify and model. In this design, ownership in the model is expected to emerge naturally. Of whatever quality the final model will be, it will have served (along with the SD modeler) as a sounding board and vehicle in the AR inquiry and problem solving cycles.

**Using Journals and Exit Interviews.** In AP projects, individuals and the group as a whole keep journals, in which they record project progress, important observation, decisions, and actions throughout the project. The SD modeler needs to maintain a separate journal, in which the progress of the modeling component and the group's observed understanding and use of SD modeling is recorded. The SD modeler also assesses individual group members' SD modeling proficiency. In semi-structured exit interviews, each group member will be asked to portray her individual learning in the project. Particular emphasis will be laid on having group members describe the influence of the feedback perspective and the modeling component on project outcome. Finally, the SD modeler assesses the degree, to which policy changes relatable to insights garnered from the SD models were incorporated into organizational practice.

### **Concluding Remarks**

Participatory AR and SD have a number of intersections and similarities that make it worthwhile to consider research designs, which attempt to intertwine the two methodologies. Paradigmatic consensus exists at least between SD GMB and technical AR. In both approaches, though practitioners are involved throughout the process, the expert/facilitator maintains maximum control over the process, and the distribution of power regarding the process is asymmetrical. As a consequence, the practitioner commitment to action and change beyond the intervention seems to be weak (cf.,

(Grundy, 1982; Rouwette et al., 2002)). In other words, though the SD researcher may perceive the emerged model as a correct and flawless representation of the “real world” according to accepted external criteria, and even though the practitioners confirm a high degree of learning and insights gained, no change action is taken, and the intervention leads to no further consequences. From a model relevancy and model utility standpoint this is a truly unsatisfactory, and even frustrating, outcome. As outlined before, SD modelers have responded to this situation with increased model validation and verification efforts. However, as Oreskes et al demonstrate, those approaches to quantitative model verification, validation, or confirmation fail to produce the desired results (Oreskes, Shrader-Frechette, & Belitz, 1994). For example, the strategy of demonstrating a model’s fit to a time series is riddled by at least the two problems of affirmation of the consequent as well as of underdetermination. In the first case, the three authors demonstrate that no model verification follows from time-series fit for an obvious fallacy in syllogistic reasoning. Even if the deductive reasoning was sound, it could not claim truth as Austin shows (Austin, 2002). The case of underdetermination presents another principal pitfall for any model’s verification and validation, since its uniqueness in producing the observed outcome cannot be demonstrated. Therefore, Oreskes et al propose to shift model assessment from numerically verifying, validating, or confirming to testing for the model’s usefulness when challenging existing theory (Oreskes et al., 1994). Forrester also argues in favor of testing a model’s utility against a stated purpose rather than pursuing its unattainable validation (Forrester, 1961). If a model’s utility is what counts, then its role in practical policy/organizational change defines the test. The advance from learning to action in this regard hinges upon practitioners’ commitment to

act. The commitment, in turn, depends upon the ownership of and involvement in the process. If practitioners are excluded from finding and defining the criteria of reference in the process, they have no control over their learning process. Hence, generative (Senge, 1990) or double-loop (Argyris & Schon, 1974) learning on behalf of the practitioners is effectively barred. In other words, the tight control comes at a high price. The consulting practice also plays a role in inhibiting learning at the technical level. If not contractually forced, consultants typically do not share the “tricks of the trade,” that is, the technical skills of SD modeling building with practitioners they are serving. Keeping the practitioner, “the client” rather, dependent makes good business sense for the consultant but produces little learning for the practitioner, particularly, in terms of double-loop learning. Developing the practitioners’ skills and self-support including SD modeling, however, would be the key to sustainable change. It would, thus, be worthwhile to design a longitudinal, participatory AR project with a SD modeling component along the lines discussed before. The rules of engagement as well as the roles of practitioners and researchers need to be re-thought, though. In Carr and Kemmis’s words, in participatory AR, “participants monitor their own ... practices with the immediate aim of developing their practical judgment as individuals. Thus, the facilitator’s role is Socratic: to provide a sounding board against which practitioners try out ideas and learn more about the reasons for their own action, as well as learning more about the process of self-reflection” (Carr & Kemmis, 1986, 203). In the same vein, Grundy observes that while in technical AR “the facilitator controls the project”, in participatory AR “power is shared” directly leading to action (Grundy, 1982, 33). Participatory AR projects could benefit in various ways from SD researchers as peers in the project team. Practitioners would learn from SD

researchers how to express aspects of the problem in feedback structures and modeling terms. The SD researchers would be “sounding boards” rather than expert facilitators. As modeling proficiency among practitioners increases, the SD researcher’s educator role decreases, and the project progresses towards action planning and action taking. The SD model would not act as an embodiment of an overarching and imposed theoretical framework but naturally evolve with the skills and the insights from action planning and action taking. Rather than being perceived and intended as correct representations of the “real-world” problem, the evolving models would likewise play the role of sounding boards with great utility for learning and insight. Ongoing modeling while proceeding through the AR cycle, hence, would add the critical stage of continuous comparing and checking the model(s) against observations and experiences via action (Checkland, 1981). The main difference between current GMB practice and the here proposed SD-enriched participatory AR lies in the recognition of and the reliance on the social process and the shared social codes of participants in actively creating knowledge and understanding (cf., (Glaserfeld, 1995)) leading to jointly created perceptions of reality upon which is jointly acted. This approach explicitly rejects the notion of “management flight simulator,” which treats human organization like a deterministic physical system. As Sussman and Evered point out, as opposed to such systems, “the nonrandomness or the structuredness of a social system results from shared codes of conduct or rules of its members...” which accommodate to “personal investments...conflicts over power, prestige, and attention” (Sussman & Evered, 1978, 594). The “solution” to any problem in human organization is inescapably a socially moderated, not a mere technical one. Model utility resides in this context, too.

## Appendix

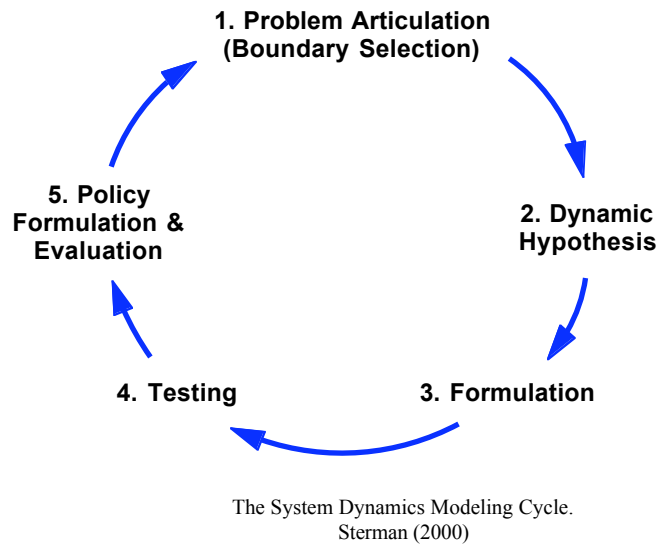
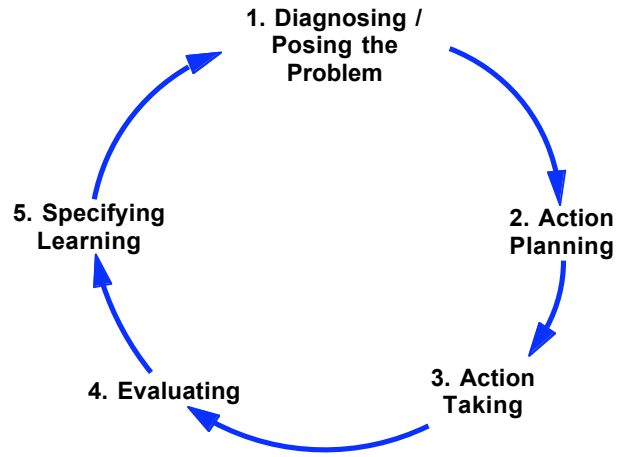


Figure 1 The SD Modeling Cycle



The Action Research Cycle.  
Sussman & Evered (1978)

Figure 2 The Action Research Cycle

<b>Stages</b>	<b>Action Research</b>	<b>Consulting</b>	<b>Basic Research</b>
<b>Entry</b>	Client or researcher presents problem, mutually agreed goals	Client presents problems and defines goals	Researcher presents problems and defines goals
<b>Contracting</b>	Business and psychological contracting, mutual control	Business contract, consultant controls client	Researcher controls as expert. Keeps client happy. Minimal contracting
<b>Diagnosis</b>	Joint diagnosis. Client data / researcher's concepts	Consultant diagnosis. Often minimal. Sells package	Researcher carries out expert diagnosis. Client provides data
<b>Action</b>	Feedback, dissonance, joint action plan. Client action with support. Published	Consultant prescribes action. Not published	Report often designed to impress client with how much researcher has learned and how competent he or she is. Published
<b>Evaluation</b>	New problems emerge. Recycles. Generalizations emerge	Rarely undertaken by neutrals	Rarely undertaken
<b>Withdrawal</b>	Client self-supporting	Client dependent	Client dependent

**Table 1 Action Research versus Consulting (Gill & Johnson, 2002, p. 76)**

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